Mountain Weather Forecast

South Grampian and Southeast Highlands

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils
Forecast valid from 06:00 on Friday 31 Mar 2023 until 23:59 on Saturday 01 Apr 2023

Forecast Issued on Friday 31 Mar 2023 at 02:20 by Met Office Aberdeen

Confidence: Generally high confidence over the coming days, but lower for extent of low cloud and mist on Friday.

Headline for Friday 31 Mar 2023: Cloudy and misty with a cool easterly breeze.

Mountain weather hazards on Friday 31 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** High Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG	FOG	FOG	FOG	FOG	FOG
Fog	Fog	Fog	Fog	Fog	Fog
Precipitation probability					
30%	60%	60%	40%	40%	40%

Forecast for Friday 31 Mar 2023

Weather: Dry with clear spells at first overnight but low cloud and misty conditions soon pushing in from the east, with some outbreaks of light rain or drizzle. Little change through the day.

Chance of cloud-free hill tops above 800m: 80% during the early hours, decreasing to 10-20% by around dawn.

Low Cloud and visibility: Low cloud pushing in from the east by dawn, with cloud base 500-700m in the west and 200-400m in the east. These misty conditions persisting throughout the day.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Met Office Mountain Weather Forecast

Forecast for Friday 31 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	20/24 E	16/20 E	18/24 E	12/17 E	13/18 E	12/17 E	12/17 E
900	12/17 E	12/16 E	13/19 E	11/16 E	11/16 E	10/14 E	10/15 E
600	5/9 E	8/12 E	9/15 E	9/15 E	9/14 E	8/13 E	8/13 E
300	4/11 E	8/15 E	9/16 E	9/16 E	8/15 E	7/14 E	7/14 E
Glen	6/11 NE	9/16 E	8/16 E	9/17 E	8/16 E	7/14 E	7/14 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	2/-3	2/-3	1/-4	1/-4	-0/-6	-2/-7	-3/-8
900	4/-0	4/-1	3/-2	2/-2	1/-3	-0/-5	-1/-6
600	5/3	5/2	5/1	4/1	3/-1	2/-2	1/-3
300	6/5	6/4	6/3	5/2	4/1	3/0	3/-0
Glen	6/5	6/4	6/4	6/3	5/2	4/1	4/1
Freezing Level*	1500m	1500m	1400m	1300m	900m	800m	700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling much colder than Thursday under the low cloud with very difficult navigation conditions.

Forecast for Saturday 01 Apr 2023
Weather: A cold and dull day with some occasional light rain or snow.

Maximum wind: Southeasterly 10-15 mph.

Chance of cloud-free hill tops above 800m: 20%

Low Cloud and visibility: Extensive low cloud down to 400 to 700 metres expected throughout the day bringing poor visibility on the summits

Temperature: **Glens:** Plus 4 rising to plus 8 Celsius.
At 800m: 0 Celsius.
Freezing level: 800 metres

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.